

State of Alaska Michael Dunleavy Governor	Alaska Workers' Compensation Division PO Box 115512 Juneau, Alaska 99811-5512		
Department of Labor and Workforce Development	BULLETIN	Number 20-03	Date March 17, 2020
Dr. Tamika L. Ledbetter Commissioner	SUBJECT REFERENCE	COVID 19 Virus Guidance - Workers' Compensation Board Hearings/Prehearings and Appeals Commission Hearings AS 23.30.128; AS 23.30.135; AS 23.30.108; 8 AAC 45.065; 8 AAC 45.070	

If you are feeling ill, are in a high risk category, or have been exposed to the COVID-19 virus, please do not come to the Division of Workers' Compensation's offices.

The Division of Workers' Compensation will be making efforts to ensure that facilities are clean and that sanitizing products are available. There are options for telephonic participation in most cases. You may also request that the proceedings are continued or rescheduled to another time. Contact the Workers' Compensation Board or Appeals Commission for further instructions and assistance.

The United States Center for Disease Control (CDC) states some individuals are at higher risk of getting very sick from this illness and is recommending that high risk individuals take actions to reduce the risk of getting sick. Please review the website to determine if you are a high risk individual and to get information about precautions you should take. (<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/high-risk-complications.html>).

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If you have questions regarding the information in this bulletin, please contact the Department of Labor and Workforce Development, Workers' Compensation Division at (907) 269-4980, or by email at workerscomp@alaska.gov.